

to...	[a place - destination: where?]	... Ordesa.
GO + for...	[a noun - purpose: what for?]	... a ride.
-ing	[an activity without a fixed beginning or end]	... skiing.

You cannot use the three constructions in the box for everything that comes to your mind; there's always one better than the others. But the examples below sound perfectly all right.

Let's go...	to the pub!
	for a pint.
	pub ing !

Shall we go...	to the disco?
	for a dance?
	danc ing ?

Why don't we go...	to the swimming pool?
	for a swim?
	swimm ing ?

Would you like to go...	to Oroel Rock?
	for a walk in the hills.
	hillwalk ing ?

I'd like to go...	to the shopping centre
	for a souvenir.
	shopp ing .

You'll need permission to go...	to the forest to pick mushrooms.
	for mushrooms
	mushroom-pick ing .

Remember the pattern "GO + ...-ING" is frequently used to describe the way we travel:

GO...	walking / skating / cycling / riding / driving / sailing / flying . . .
	on foot / on skates / on the bike / by car / by ship / by plane